

The background of the entire page is a light pink and purple gradient, decorated with various colorful floral outlines in shades of purple, blue, green, orange, and red. The main title 'SPRING into SUMMER' is centered at the top, with 'SPRING' in a bold, orange, distressed font, 'into' in a teal script font, and 'SUMMER' in a bold, yellow, distressed font. Below the title, 'Lunchtime Menu' is written in a teal script font. A thin orange line frames the title and menu text. Below this, 'ALLERGEN INFORMATION' is written in a bold, teal, distressed font. A dotted orange line separates this from the 'ALLERGY INFORMATION GUIDE' section, which is written in a bold, orange, distressed font. The text of the guide is in a black, sans-serif font. Another dotted orange line is at the bottom of the text area.

SPRING *into* SUMMER

Lunchtime Menu

ALLERGEN INFORMATION

ALLERGY INFORMATION GUIDE

This allergy information guide is designed to help you make decisions on the food and drink that you order.

As our menus do not include all ingredients, please use the allergy information guide to choose suitable dishes for you to eat and enjoy. Our allergen information guide declares allergens intentionally added only; we cannot say that any dish on our menus is “free-from” any allergen, but only that it does not contain that allergen as an ingredient.

Our allergen information sheet does not include any “may contains” information where provided by our suppliers. Our kitchens also handle numerous ingredients and allergens and whilst we have strict controls in place to reduce the risk of contamination, unfortunately, it is not possible for us to guarantee that our dishes will be 100% allergen free. There is also significant risk of cross contamination from our fryers.

Please let a member of our team know if you have an allergy or sensitivity to any ingredient even if you have dined with us before.

DISHES	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
KOREAN CHICKEN		✓ WHEAT					✓					✓	✓	✓
LANCASHIRE CHEESE RAREBIT	✓	✓ WHEAT		✓			✓		✓				✓	✓
RIBEYE STEAK		✓ WHEAT					✓							✓
GOATS CHEESE & SMASHED AVOCADO		✓ WHEAT					✓		✓					
LAMB PHILLY		✓ WHEAT					✓		✓				✓	✓
TUNA MELT	✓	✓ WHEAT		✓	✓		✓		✓					✓
ATLANTIC BASKET		✓ WHEAT	✓	✓	✓									
PEPPERED CHICKEN							✓							✓
PULLED PORK TACO				✓			✓		✓		✓	✓	✓	
COB SALAD				✓			✓		✓				✓	✓
EGGS BENNY		✓ WHEAT		✓			✓		✓					✓
GREEK SALAD							✓		✓					✓

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